## Claudia J. Newman

Event Manager | Food Lifestyle Educator





## About Me

Event Manager at sEVENTi, excelling in meticulous event planning. Passionate educator on wholesome diets.

# Speaking Topics

### **Mindful Eating**

Cultivating a Healthy Relationship with Food

# Navigating Food Allergies and Intolerances

Accomodating dietary restrictions

### **Eating for Energy**

Optimizing Nutrition for Performance

### **Decoding Food Labels**

Navigating Food Packaging and Marketing

## Client List



## **Testimonial**

"Claudia's attention to detail and dedication to creating unforgettable events is unmatched. Her passion for wholesome diets adds an extra layer of thoughtfulness to every gathering she orchestrates. Working with her is always a pleasure.".

Get in Touch